

ABSTRACT OF THE DISCLOSURE

A formulation for treating obesity and associated metabolic syndrome. The formulation is a combination of especially selected vegetable extracts: Green tea extract containing epigallocatechin galate (EGCG), *Coleus forskholii* extract, *Betula alba* extract, and Guarana or Yerba Maté extract. Based upon clinical *in vivo* and *in vitro* studies, use of the formulation was found to help in the treatment of obesity and associated co-morbidities. One of the most important advantages of the formulation of the invention, apart from the acceleration of weight loss, is the prevention of weight regain after the termination of a slimming cure.